

# **CONTENTS**

## **FROM CLIMATE TO BUILDING**

### **Sustainable Design SCALES**

<b>Foreword</b>	<b>09</b>
<b>Introduction</b>	<b>11</b>
<b>1. Is it sustainable? A critical overview of green design</b>	<b>15</b>
1.1. Greenwashing and.... the 'green bubble'	17
1.2. Background and definitions	24
1.3. The origins of sustainability	27
1.3.1. Sustainability timeline	30
1.4. Environmental hazards & approaches towards a comprehensive solution	40
1.4.1. Priority issues	42
1.4.2. Possible approaches to a complex issue	45
1.4.3. The scale of solutions	47
1.5. Principles of sustainability in architecture and urban design	52
1.5.1. Energy efficiency	53
1.5.2. Buildings' sustainable design	55
1.5.3. Sustainable urban development	60
1.5.4. Measuring eco-design: labels, ratings and regulations	65
<b>2. Sustainable design scales</b>	<b>69</b>
2.1. CLIMATE	
2.1.1. Climate and scale	69
2.1.2. Thermal zones	71
2.1.3. Climate and building concepts	
2.2. SITE & SETTLEMENT	74
2.2.1. Influence of sun exposure on the project	76
2.2.2. Ventilation and air circulation	80
2.2.3. Environmental analysis tools	90
2.3. BUILDING	
2.3.1. Environmental management	92
2.3.2. Interior layout	
2.3.3. Energy efficiency: passive techniques/passive building's systems	94
2.3.4. Thermal envelope: the potential of skin and materials	99
2.4. Energy efficiency: active techniques/ active building's systems	115
<b>3. Sustainable architecture case studies around the world</b>	<b>199</b>
3.1. Cool	125
3.2. Temperate	135
3.3. Subtropical	145
3.4. Tropical	155
<b>List of figures</b>	<b>165</b>
<b>Bibliography</b>	<b>171</b>